



2007 BROOKS PAUL SHORT RUN – FINAL MEET INSTRUCTIONS

COACHES:

Welcome to Lehigh University's Goodman Cross Country Course for the 34th Paul Short Run. Please be aware of the large number of entries and be patient. We will have results as quickly as possible following each race. We hope that this competition meets your needs and we appreciate your cooperation with this event. Best of luck to all the athletes and coaches.

Lehigh Staff

PACKET PICKUP:

Team packets may be picked up at the band shell by the starting line on Thursday, September 27th from 2:00-6:30 pm or Friday, September 28th from 11:00 am to 4:00 pm. **NO ENTRY CHANGES will be accepted after 12:45pm on Friday afternoon!**

CHIP PICKUP

Timing chips will be available for pickup on Friday only. Chips will be packaged by team and distributed at the chip trailer by the band shell. **You will need to present your team roster from your packet in order to receive your chips.** (1 chip per college athlete & 1 chip per high school athlete) Following the race, it is the coach's responsibility to collect all team chips, package them & return them to the chip trailer following your team's final race. There is a \$20 per chip charge for each unreturned chip. Please be sure that the chips are securely fastened to your athletes' shoe.

START AREA:

The start & finish areas are located behind (North) the football stadium on Lehigh's Goodman campus. A water & ice station will also be posted behind the starting line.

RACE SCHEDULE:

Please review the Paul Short website for final race assignments! Based on National rankings through 9/20.

COLLEGE

- 1:00 PM - Men's College Brown 8k Championship (DI and invited non DI teams) 7 Runners max per team
 - 1:40 PM - Women's College Brown 6K Championship (D1 and invited non DI teams) 7 Runners max per team
 - 2:10 PM - Men's College White 8k Championship (non DI) 7 Runners max per team
 - 2:50 PM - Women's College White 6K Championship (non DI) 7 Runners max per team
 - 3:20PM - Men's JV 8K Race (all additional team members and unattached athletes) Non-scored
 - 4:00PM - Women's JV 6K Race (all additional team members and unattached athletes) Non-scored
- All unattached, club and additional collegians may compete in the JV races. No team scoring or awards in JV races.
- 5:15 PM - College Awards Ceremony in football stadium

HIGH SCHOOL

- 4:30 PM - Boys HS Brown Championship 5k 7 Runners max per team
- 5:00 PM - Girls HS White Championship 5k 7 runners max per team
- 5:30 PM - Boys High School JV 5K Unlimited runners – No Scoring
- 6:00 PM - Girls High School JV 5K Unlimited runners – No Scoring
- 6:30 PM - High School Awards Ceremony in football stadium

Note: All participating collegiate teams (regardless of Division) may enter a maximum of 7 runners in the Brown & White races. Your additional runners may run in the JV division. **All participating High School teams may enter a maximum of 7 runners in the Brown & White races.** Your additional runners may run in the JV division.



START PROCEDURE:

1.) NCAA rules apply to all uniforms. 2.) Wear numbers on front chest and do not alter in any way. 3.) Report to designated starting box **15 minutes** before race. 3.) Chip should be securely attached to shoe. 4.) Each team is responsible for equipment pick-up.

FINISH PROCEDURE:

Please instruct your runners to run across both finish mats and move through the chute as quickly as possible. Athletes should return their chips to their coach immediately following the race.

AWARDS:

5:15 PM College (inside Football Stadium) **6:30 PM** High School (inside Football Stadium) In case of inclement weather, awards will be presented under the west side stadium overhang.
Individual awards to: 1) Men's & Women's Brown & White Race Champions (College & HS) 2) Top 25 men & women in the Brown & White races (any division) 3) Top 25 high school boys & girls in the Brown & White championship races.
Team awards to: 1) Top 3 men's & women's teams in the Brown & White Races (any division) 2) Top 3 boy's & girl's teams in the Brown & White HS championship races. 3) There are no awards for the college or high school JV races.

RESULTS:

Preliminary unofficial results will be posted behind the starting line at the water station. Full final results will be posted on scoreboard under the West side stadium overhang. **1 set of official results will be provided to each coach when they return their package of chips to the chip trailer by the bandshell. We will announce when reviewed final results are available.** If you need to leave early or want additional results, they will be posted on the Paul Short web site www.paulshortxcrun.com and the cross country page of the Lehigh web site www.lehigh.edu.

COURSE MARKINGS:

Run between white lines and/or natural barriers and color coded signs (red/left, blue/straight, yellow/right). **SPLITS WILL BE GIVEN AT EACH MILE.** Men's 8k course is the green course; women's 6k course is the brown course. Boy's & Girls 5k course is the gold course.

**RESTROOMS/
LOCKER ROOMS:**

USE FOOTBALL STADIUM ONLY – Restrooms available under the West Side Stands. Very Minimal shower facilities will be available on Friday 2:00-7:00pm. Please, do not use Rauch fieldhouse or any other building.

PARKING:

Teams that pick up packets on Thursday will be given two parking passes for Friday. Please display your parking pass in your vehicle's windshield to park in the designated team lots. If picking up packet Friday afternoon, parking attendants will have a list of those schools that do not have parking passes and you will be permitted to park team vehicles.

PROGRAMS/T-SHIRTS:

Programs and Paul Short merchandise will be for sale Friday. Brooks merchandise will be on display.

**HIGH SCHOOL ATHLETE
PARTICIPATION WAIVERS:**

Please turn in your signed participation waivers for each athlete at the band shell during packet pickup.

BROOKS COACHES GIFT:

Each coach will receive a gift coupon in their race packet. The first 200 coaches to present their coupon at the Brooks Merchandise Tent will receive a free Brooks gift.